



FIELD HOCKEY

EVENT INFORMATION:

- Doors open: 13:00 until 18:00
- Public entry is free, but registration via the website is required
- Food and drinks available (at your own expense)
- Changing rooms available
- Lockers available
- Fun guaranteed

GAME RULES:

- Goals can only be scored from the attacking half.
- During a free hit, opponents must keep a 2-meter distance.
- A goal counts after a pass from a teammate or a rebound off the boards.
- The ball must remain playable at all times.

FOULS:

- Shoot
- Hitting a ball is not allowed
- Dangerous play
- No physical contact allowed

ADDITIONAL RULES:

- Matches start with an ice hockey-style face-off between two players.
- Each goal scored = 1 point.